

Sep. 11-15:

Heb 6; Psa 106
 Heb 7; Pro 22:17-29
 Heb 8; Psa 107
 Heb 9; Pro 23:1-9
 Heb 10; Psa 108

Sep. 18-22:

Heb 11; Psa 109
 Heb 12; Pro 23:10-18
 Heb 13; Psa 110
 Jms 1; Pro 23:19-28
 Jms 2; Psa 111

Sep. 25-29:

Jms 3; Psa 112
 Jms 4; Pro 23:29-35
 Jms 5; Psa 113
 Phl; Pro 24:1-9
 1 Tim 1; Psa 114

Oct. 2-6:

1 Tim 2; Psa 115
 1 Tim 3; Pro 24:10-18
 1 Tim 4; Psa 116
 1 Tim 5; Pro 24:19-26
 1 Tim 6; Psa 117

Oct. 9-13:

2 Tim 1; Pro 118
 2 Tim 2; Pro 24:27-34
 2 Tim 3; Psa 120
 2 Tim 4; Pro 25:1-7
 Tit 1, 2; Psa 121

Oct. 16-20:

Tit 3; Psa 122
 Jhn 1; Pro 25:8-14
 Jhn 2; Psa 123
 Jhn 3; Pro 25:15-22
 Jhn 4; Psa 124

Oct. 23-27:

Jhn 5; Psa 125
 Jhn 6; Pro 25:23-28
 Jhn 7; Psa 126
 Jhn 8; Pro 26:1-12
 Jhn 9; Pro 127

Oct. 30-Nov. 3:

Jhn 10; Psa 128
 Jhn 11, Pro 26:13-22
 Jhn 12; Psa 129
 Jhn 13; Pro 26:23-28
 Jhn 14; Psa 130

Nov. 6-10:

Jhn 15; Pro 27:1-9
 Jhn 16; Psa 131
 Jhn 17; Pro 27:10-18
 Jhn 17; Psa 132
 Jhn 18; Pro 27:19-27

Nov. 13-17:

Jhn 19; Psa 133
 Jhn 20; Pro 28:1-9
 Jhn 21; Psa 134
 1 Jhn 1, 2; Pro 28:10-19
 1 Jhn 3 Psa 135

Nov. 20-24:

1 Jhn 4; Psa 136
 1 Jhn 5; Pro 28:20-28
 2, 3 Jhn; Psa 137
 Rev 1; Pro 29:1-9
 Rev 2; Psa 138

Nov. 27-Dec. 1:

Rev 3; Psa 139
 Rev 4; Pro 29:10-18
 Rev 5; Psa 140
 Rev 6; Pro 29:19-27
 Rev 7; Psa 141

Dec. 4-8:

Rev 8; Psa 142
 Rev 9; Pro 30:1-9
 Rev 10; Psa 143
 Rev 11; Pro 30:10-16
 Rev 12; Psa 144

Dec. 11-15:

Rev 13; Psa 145
 Rev 14; Pro 30:17-23
 Rev 15; Psa 146
 Rev 16; Pro 30:24-33
 Rev 17; Psa 147

Dec. 18-22:

Rev 18; Psa 148
 Rev 19; Pro 31:1-9
 Rev 20; Psa 149
 Rev 21; Pro 31:10-31
 Rev 22; Psa 150

Dec. 25-29:

Psa 119:1-32
 Psa 119:33-72
 Psa 119:73-104
 Psa 119:105-144
 Psa 119:145-176

The New Testament, Psalms, & Proverbs 2023 Reading Plan

*"Man shall not live on bread alone,
 but on every word that comes from the mouth of God."*

Matthew 4:4

When we eat physical food, we're supplied with the nutrients we need to actively live and be healthy. Conversely, when we skip a meal, we feel weak and lethargic. If we keep missing meals, we become susceptible to even greater problems, such as illness.

Similarly, when we eat spiritual food we are well supplied to energetically live our Christian life. But when we are away from God's word, even for a while, we become spiritually malnourished. In this debilitated state, we are increasingly more susceptible to temptations, doubts, fears, and other kinds of spiritual sicknesses.

It is very important, then, that we feed our souls by habitually reading God's word. To maintain a healthy and even joyful Christian life, we need to persistently delve into the scriptures to receive the spiritual nourishment. This schedule is designed to promote this one issue – consistent Bible reading. By the time you're done with this plan, you should have a firmly developed habit of regularly reading the scriptures. So let's get started.

As the title suggests, this reading plan will take you through the New Testament, Psalms and Proverbs in a year. These three divine works have enriched the souls of believers for millennia. While you will read directly through the Psalms (except 119) and Proverbs, the New Testament books are arranged in author and thematic groups. Since the goal is to develop a habit, not overwhelm you, there are only five short readings per week. Each day's reading will be from the New Testament and an alternating reading from the Psalms and Proverbs.

Finally, let me suggest three practical points to help you develop a regular habit of Bible reading. First, and most important, pray often. Ask God to stir in your heart a hunger for His word and an understanding of what you read. Second, treasure your time with God's word. Have a set time you spend with God and zealously guard it from all distractions. Lastly, share what you've read with others. When you share with someone what you've learned you deepen your own understanding; not to mention encourage others to explore God's word.

May God richly nourish your soul this year as you feed on the richness of His word. Amen.

~Clay Gentry

Jan. 2-6:

Luk 1; Psa 1
 Luk 2; Pro 1:1-7
 Luk 3; Psa 2
 Luk 4; Pro 1:8-19
 Luk 5; Psa 3

Jan. 9-13:

Luk 6; Psa 4
 Luk 7; Pro 1:20-33
 Luk 8; Psa 5
 Luk 9; Pro 2:1-9
 Luk 10; Psa 6

Jan. 16-20:

Luk 11; Psa 7
 Luk 12; Pro 2:10-22
 Luk 13; Psa 8
 Luk 14; Pro 3:1-12
 Luk 15; Psa 9

Jan 23-27:

Luk 16; Psa 10
 Luk 17; Pro 3:13-18
 Luk 18; Psa 11
 Luk 19; Pro 3:19-26
 Luk 20; Psa 12

Jan. 30-Feb. 3:

Luk 21; Psa 13
 Luk 22; Pro 3:27-35
 Luk 23; Psa 14
 Luk 24; Pro 4:1-9
 Act 1; Psa 15

Feb. 6-10:

Act 2; Psa 16
 Act 3; Pro 4:10-19
 Act 4; Psa 17
 Act 5; Pro 4:20-27
 Act 6; Psa 18

Feb. 13-17:

Act 7; Psa 19
 Act 8; Pro 5:1-6
 Act 9; Psa 20
 Act 10; Pro 5:7-14
 Act 11; Psa 21

Feb. 20-24:

Act 12; Psa 22
 Act 13; Pro 5:15-23
 Act 14; Psa 23
 Act 15; Pro 6:1-11
 Act 16; Psa 24

Feb. 27-Mar. 3:

Act 17; Pro 6:12-19
 Act 18; Psa 25
 Act 19; Pro 6:20-35
 Act 20; Psa 26
 Act 21; Pro 7:1-5

Mar. 6-10:

Act 22; Psa 27
 Act 23; Pro 7:6-27
 Act 24; Psa 28
 Act 25; Pro 8:1-11
 Act 26; Psa 29

Mar. 13-17:

Act 27; Psa 30
 Act 28; Pro 8:12-21
 Rom 1; Psa 31
 Rom 2; Pro 8:22-31
 Rom 3; Psa 32

Mar. 20-24:

Rom 4; Psa 33
 Rom 5; Pro 8:32-36
 Rom 6; Psa 34
 Rom 7; Pro 9:1-6
 Rom 8; Psa 35

Mar. 27-31:

Rom 9; Psa 36
 Rom 10; Pro 9:7-12
 Rom 11; Psa 37
 Rom 12; Pro 9:13-18
 Rom 13; Psa 38

Apr. 3-7:

Rom 14; Psa 39
 Rom 15; Pro 10:1-7
 Rom. 16; Psa 40
 Gal 1; Pro 10:8-14
 Gal 2; Psa 41

Apr. 10-14:

Gal 3; Psa 42
 Gal 4; Pro 10:15-21
 Gal 5; Psa 43
 Gal 6; Pro 10:22-26
 Eph 1; Psa 44

Apr. 17-21:

Eph 2; Psa 45
 Eph 3; Pro 10:27-32
 Eph 4; Psa 46
 Eph 5; Pro 11:1-6
 Eph 6; Psa 47

Apr. 24-28:

Php 1; Psa 48
 Php 2; Pro 11:7-11
 Php 3; Psa 49
 Php 4; Pro 11:12-23
 Col 1; Psa 50

May 1-5:

Col 2; Psa 51
 Col 3; Pro 11:24-31
 Col 4; Psa 52
 Mrk 1; Pro 12:1-7
 Mrk 2; Psa 53

May 8-12:

Mrk 3; Psa 54
 Mrk 4; Pro 12:8-14
 Mrk 5; Psa 55
 Mrk 6; Pro 12:15-22
 Mrk 7; Psa 56

May 15-19:

Mrk 8; Psa 57
 Mrk 9; Pro 12:23-28
 Mrk 10; Psa 58
 Mrk 11; Pro 13:1-8
 Mrk 12; Psa 59

May 22-26:

Mrk 13; Pro 13:9-16
 Mrk 14; Psa 60
 Mrk 15; Pro 13:17-25
 Mrk 16; Psa 61
 1 Pet 1; Pro 14:1-8

May 29-Jun. 2:

1 Pet 2; Psa 62
 1 Pet 3; Pro 14:9-14
 1 Pet 4; Psa 63
 1 Pet 5; Pro 14:15-21
 2 Pet 1; Psa 64

Jun. 5-9:

2 Pet 3; Jud; Psa 65
 1 Cor 1; Pro 14:22-29
 1 Cor 2; Psa 66
 1 Cor 3; Pro 14:30-35
 1 Cor 4; Psa 67

Jun. 12-16:

1 Cor 5; Psa 68
 1 Cor 6; Pro 15:1-8
 1 Cor 7; Psa 69
 1 Cor 8; Pro 15:9-16
 1 Cor 9; Psa 70

Jun. 19-23:

1 Cor 10; Psa 71
 1 Cor 11; Pro 15:17-24
 1 Cor 12; Psa 72
 1 Cor 13; Pro 15:25-33
 1 Cor 14; Psa 73

Jun. 26-30:

1 Cor 15; Psa 74
 1 Cor 16; Pro 16:1-9
 2 Cor 1; Psa 75
 2 Cor 2; Pro 16:10-17
 2 Cor 3; Psa 76

Jul. 3-7:

2 Cor 4; Psa 77
 2 Cor 5; Pro 16:18-25
 2 Cor 6; Psa 78
 2 Cor 7; Pro 16:26-33
 2 Cor 8; Psa 79

Jul. 10-14:

2 Cor 9; Psa 80
 2 Cor 10; Pro 17:1-9
 2 Cor 11; Psa 81
 2 Cor 12; Pro 17:10-18
 2 Cor 13 Psa 82

Jul. 17-21:

1 Ths 1, 2; Psa 83
 1 Ths 3; Pro 17:19-28
 1 Ths 4; Psa 84
 1 Ths 5; Pro 18:1-8
 2 Ths 1; Psa 85

Jul 24-28:

2 Ths 2; Psa 86
 2 Ths 3; Pro 18:9-16
 Mat 1; Psa 87
 Mat 2; Pro 18:17-24
 Mat 3; Psa 88

Jul. 31-Aug. 4:

Mat 4; Psa 89
 Mat 5; Pro 19:1-10
 Mat 6; Psa 90
 Mat 7; Pro 19:11-20
 Mat 8; Psa 91

Aug. 7-11:

Mat 9; Psa 92
 Mat 10; Pro 19:21-29
 Mat 11; Psa 93
 Mat 12; Pro 20:1-8
 Mat 13; Psa 94

Aug. 14-18:

Mat 14; Pro 20:9-15
 Mat 15; Psa 95
 Mat 16; Pro 20:16-22
 Mat 17; Psa 96
 Mat 18; Pro 20:23-30

Aug. 21-25:

Mat 19; Psa 97
 Mat 20; Pro 21:1-8
 Mat 21; Psa 98
 Mat 22; Pro 21:9-16
 Mat 23; Psa 99

Aug. 28-Sep. 1:

Mat 24; Psa 100
 Mat 25; Pro 21:17-24
 Mat 26; Psa 101
 Mat 27; Pro 21:25-31
 Mat 28; Psa 102

Sep. 4-8:

Heb 1; Psa 103
 Heb 2; Pro 22:1-8
 Heb 3; Psa 104
 Heb 4; Pro 22:9-16
 Heb 5; Psa 105